

HELP IS
AVAILABLE, 24/7

DID YOU KNOW?

- Anyone can experience sexual violence, regardless of age, gender identity or sexual orientation.
- NYC Human Rights Law, which covers sexual harassment, is one of the strongest anti-discrimination laws in the nation, protects against discrimination based on gender.
- In the U.S., more than 2 out of 5 women and 1 out of 4 men have experienced some form of contact sexual violence in their lifetime.

Contact sexual violence includes rape, being made to penetrate someone else, sexual coercion, and/or unwanted sexual contact.

How to Help a Friend

- Believe them and let them know it's not their fault
- Let them know you care about their wellbeing
- Ask them what they need and what would be helpful
- Listen and respect their choices, even if you disagree
- Offer options and information about resources

- **Call NYC's 24-hour Sexual Assault Hotline** at 1-212-227-3000; TTY 1-866-604-5350
- Visit the NYC HOPE Resource Directory at www.nyc.gov/NYC_HOPE for information and resources for domestic and gender-based violence
- **Visit any NYC Family Justice Center (FJC) to get free and confidential assistance.** Open Monday to Friday, 9 a.m. to 5 p.m., FJCs welcome people of all ages, sexual orientations, and gender identities, regardless of immigration status, income, or language spoken. No appointment is necessary.

Bronx FJC (718) 508-1220
198 East 161st Street, 2nd Fl.

Brooklyn FJC (718) 250-5113
350 Jay Street, 15th Fl.

Manhattan FJC (212) 602-2800
80 Centre Street, 5th Fl.

Queens FJC (718) 575-4545
126-02 82nd Avenue

Staten Island FJC (718) 697-4300
126 Stuyvesant Place

**** Call 911 in an emergency ****

UNDERSTANDING SEXUAL VIOLENCE



GET RESOURCES & INFORMATION

NYC Mayor's Office to
End Domestic and
Gender-Based Violence



What is Sexual Violence?

Sexual violence is any action that results in a person losing their sexual autonomy.

Sexual violence includes:

- sexual harassment
- sexual assault
- sex trafficking
- non-consensual distribution of intimate images
- any other non-consensual, forced, or substance-facilitated sexual action.

What is Consent?

Sexual consent is freely given. It is known and interested agreement between the participants to engage in a specific sexual activity.

Consent can be withdrawn at any time.

Learn more about domestic and gender-based violence at www.nyc.gov/endgbv

YOU ARE NOT TO BLAME.

**HELP IS AVAILABLE—24 HOURS
A DAY, 7 DAYS A WEEK.
WWW.NYC.GOV/NYCHOPE**

Recognize the Signs:



Sexual Harassment

This is any unwelcome verbal, physical, or sexual attention, such as someone making unwelcome sexual advances, requests for sexual favors, sending unwanted sexually explicit photos/emails/text messages, exposing themselves or performing sexual acts on themselves, or other verbal or physical harassment of a sexual nature.



Sexual Assault

This is sexual contact or behavior that happens without a person's consent. Examples of sexual assault include unwanted touching or physical contact, such as rape.



Sex Trafficking

Sex trafficking is the use of power and control to exploit (by forcing, tricking, or coercing) someone into engaging in sexual labor or services.



Non-Consensual Distribution of Intimate Images

Non-consensual distribution of intimate images is reportable, even if the images were obtained with the subject's knowledge or consent.

If you think you are experiencing any of these, or are not sure, you can get help.

Visit the NYC HOPE Resource Directory at www.nyc.gov/NYC_HOPE for information and resources for domestic and gender-based violence.